

Spa Autumn Offers

Facial Beauty Rituals		Price (USD)	Body Therapies		Price (USD)
Deep Cleaning		\$150	Electrotherapy	35 min	\$60
<i>Cleaning, Peeling, Steam, Massage, Extraction, Mask, Cream</i>			<i>The effective and modern way of targeting that key area: firm up the stomach muscles in a painless efficient way</i>		
Mini Facial		\$60	Pressotherapy	35 min	\$60
<i>Cleaning, Peeling, Massage, Cream</i>			<i>This is the ideal treatment for those suffering from water retention, Improves circulation and is a soothing and relaxed way of achieving perfect legs</i>		
Anti-Wrinkle Mask for Eyes		\$45	Lumi Lumi	50 min	\$90
<i>Collagen, Mask, Ampoule, Cream</i>			<i>A unique and exotic therapy from the far east: deeply soothing and relaxing through a special full, deep massage using hands, elbows and arms. Fabulous!</i>		
Body Therapies		Price (USD)	Perfect Legs	50 min	\$75
Loofah Salt Glow with Hair Relaxer	50 min	\$150	<i>A special treatment for oedematic legs; that helps water retention & varicose vein problems</i>		
<i>To invigorate and revitalize your whole body by activating blood circulation, in the steam room leaving your skin deeply cleansed and luxuriously softened to perfection</i>			GMP (30 - 50 min)		
Balneo Chromatherapy	20 min	\$75	Stretching & Relaxing (30 min) + GMP (30 min)		
<i>Balance of mind, body and soul: small jets of water on the acupuncture points coupled with your specific ancient Chinese medicine element colour</i>			Tonic Massage (30 min) + GMP (30 min)		
Oriental Body Peeling & Mask	50 min	\$100	Power Pilate (One session)		
<i>Traditional oriental care: a full body peeling, on the gently heated table...delightful in every way</i>			Hot Stones		
Grand Hills Spa Massage			Ask for the monthly special package		
<i>Simply relaxing, detoxifying and energetic.</i>	30 min	\$60	Duo Packages		
<i>A traditional and effective way to de-stress</i>	50 min	\$80	<i>All Duo Packages allow couples to enjoy access to The Tonic Gym, inclusive of pool, jacuzzi, sauna, steam rooms and gym)</i>		
Grand Hills Head to Toe Massage	75 min	\$130	Care to Share	25 min	\$180
<i>Simply relaxing, detoxifying and energetic.</i>			<i>Duo massage in same cabin</i>		
<i>A traditional and effective way to de-stress</i>			Duo Glamour	50 min	\$220
Slimming Massage with Ampoules	45 min	\$100	<i>Duo massage in same cabin</i>		
<i>The most personalized and pleasant way to shed unwanted extra centimeters through therapeutic massages on key points - a must any</i>			A Grand Duo	1 hour & 50 min	\$280
Traditional Thai Massage	50 min	\$100	<i>50 min duo massage, private jacuzzi, 60 min stay in cabin</i>		
<i>The ultimate subliminal body work out, performed fully clothed, on the floor. This massage releases tension, increases vitality and flexibility for wholeness of mind, body & soul.</i>			Duo Pampering	2 hours & 20 min	\$350
Reflexology	30 min	\$60	<i>50 min duo massage, Balneo Chromatherapy, private jacuzzi, 90 min stay in cabin</i>		
<i>An art of healing of the oldest tradition, addictive in its effectiveness to relieve pain and stress through firm pressure on specific key points and reflex zones</i>			Additional Services		
Indian Head Massage	25 min	\$60	Dermatologist		
<i>Inspired by wellness traditions from India, this massage focuses on specific points of head and neck, creating a deep sense of relaxation and calmness. Excellent for insomnia and migraine.</i>			Dietician		
Detoxifying Manual Lymphatic Drainage	45 min	\$75	Reconstructive Dentistry		
<i>Therapeutic massage technique on specific body points to stimulate lymph circulation. Recommended for those suffering from fluid retention, or simply to effectively energise body functions.</i>			Botox		
Synergy	40 min	\$60	Hair Dresser and beauty salon are available		
<i>An effective slimming treatment, this state-of-the-art technology focuses on very specific body points to shed unwanted fat & firm up</i>					

*All prices are VAT inclusive

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Gym Members benefit from a 20% discount on all the menu by presenting their magnetic card at the reception desk